

ROTARY CLUB AMRITSAR MIDTOWN

Club No. 15217

Chartered on April 8, 1983



RI Distt. 3070

**UNITE
FOR
GOOD**



Rtn. Francesco Arezzo
RI President

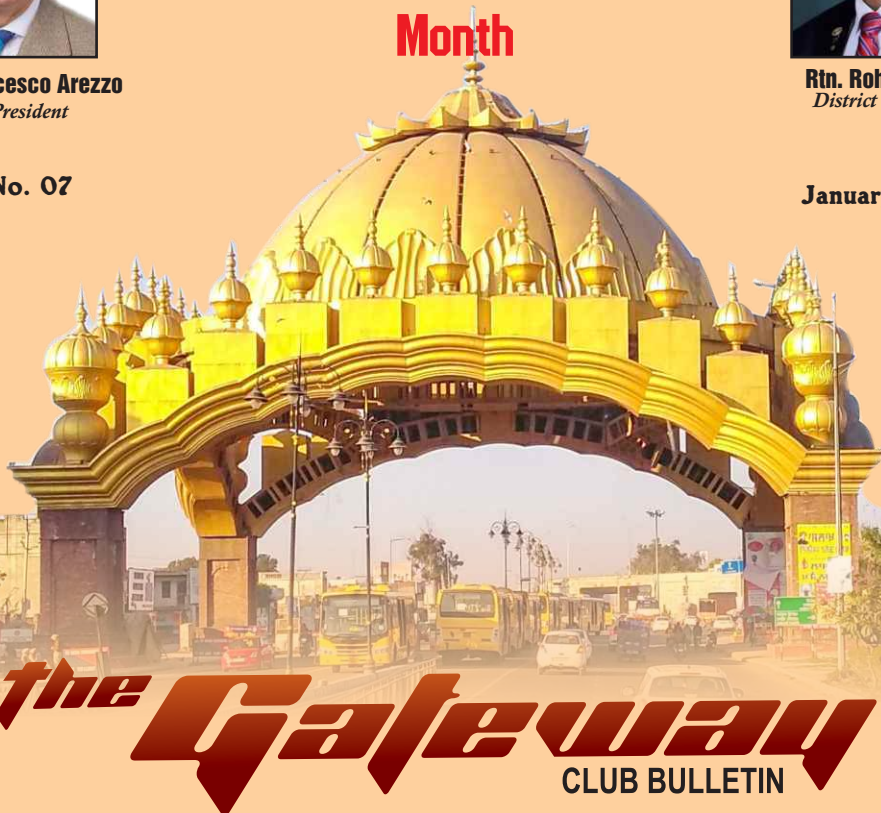


Rtn. Rohit Oberoi
District Governor

**Vocational Service
Month**

Issue No. 07

January, 2026



Rtn. Avinash Mohindru
Advisor



Rtn. Arun Kapur
Advisor



Rtn. Anil Singhal
DGE



Rtn. Dr. R. K. Bedi
President



Rtn. Brij Kumar Gupta
Secretary



Rtn. Harpreet Singh
Editor



PAUL P. HARRIS
FOUNDER



Bharatiya Vidya Bhavan
Amritsar Kendra
Bhavans Aashray

B-Block, Bhai Gurdas Ji Nagar, New Amritsar
Phone : 79862-56023, 98141-82622



A Service Project of
Bharatiya Vidya Bhavan
An Institution of National Eminence

Well Equipped AC Rooms With All Possible Amenities For Comfortable Stay

In Response To The Various Requests & Quarries From Some Children Who Have To Go Abroad/Within the Country For Holidays or Business Trips For A Couple of Weeks.

We have made

SPECIAL PROVISION FOR SHORT DURATION STAY

For Senior Citizens

Charges include Stay, Food, Laundry and some facilities

A Perfect Homely Place for Senior Citizen

In Pollution & Care Free Environment
Being Here You Need Not Worry
About Your Needs and Comforts

SEEING IS BELIEVING

You are welcome to visit Aashray to see for yourself the facilities being offered for such a visit or any enquiry please contact

Sh. Avinash Mohindru
Chairman
M. : 98768-50014

Sh. Anil Singhal
Vice Chairman
M. : 98140-51148

Prof. S. N. Joshi
Secretary
M. : 94170-28279

Dr. Anita Bhalla
Director
M. : 99150-44485

VISIT US AT : bhavansaashray.org

**ਗੋਲਡ
ਲੋਨ**



ਸੌਨੇ ਦੇ ਜੇਵਰਾਤਾਂ ਤੇ ਸਸਤਾ ਲੋਨ ਲੈਣ ਲਈ ਮਿਲੋ



ਮਲਹੋਤਰਾ ਫਾਇਨਾਂਸ

102, ਪਹਿਲੀ ਮੰਜ਼ਿਲ, ਸੁਪਰ ਪਲਾਜਾ, ਨਜ਼ਦੀਕ ਗਿਆਨੀ ਟੀ-ਸਟਾਲ, ਕੁਪਰ ਰੋਡ, ਅੰਮ੍ਰਿਤਸਰ

ਫੋਨ ਨੰ. : 89686-55099, 98760-55099

Vocational Service Month

January, observed across Rotary as Vocational Service Month, reminds us that our profession is one of our most powerful tools for service. Rotary teaches us that whatever our calling—business, education, medicine, engineering, service, or entrepreneurship—we all have the ability and responsibility to use our skills ethically and meaningfully for the betterment of society.

Vocational Service is not limited to awards or formal talks; it is reflected in how we conduct our daily work, the values we uphold, and the example we set for others. Integrity, fairness, and excellence are the cornerstones of Rotary's vocational philosophy, and these principles gain even more relevance in today's rapidly changing professional environment.

This month is a call for action to every Rotarian of RC Amritsar Midtown. Let us come forward with vocationally driven projects—career guidance for students, mentorship programs for young professionals, skill-building workshops, support for small entrepreneurs, ethical business awareness sessions, and hands-on vocational training for the underprivileged. Each member's professional expertise is a resource waiting to be shared.

We also encourage members to identify and mentor youth, especially students who are at critical decision-making stages of their careers. A few hours of guidance from a Rotarian can change the direction of a young life. Joint projects with schools, colleges, ITIs, and vocational institutes can significantly enhance our impact.

At the same time, let us recognize and celebrate vocational excellence—both within and outside Rotary. Acknowledging ethical professionals inspires others and reinforces Rotary's commitment to high standards in every profession.

As we begin the new calendar year, let us renew our resolve to make Rotary visible not only through service projects, but also through the way we work, lead, and live our professions. May January see every member asking: “How can my vocation become my contribution to society?”

Together, by combining professional excellence with Rotary values, RC Amritsar Midtown can set a benchmark for meaningful vocational service.

Yours in Rotary,
Rtn. Harpreet Singh
Rotary Club Amritsar Midtown

2nd December, 2025

Rotary Club Amritsar Midtown distributed education related material at Government Elementary and Middle School , Nepal village , 10 km away from Ajnala - the worst flood affected area, as a part of its ongoing community service initiatives. On this occasion, the students were provided notebooks, colour boxes educational charts ,drawing sheets and other related items. The effort aimed at supporting young learners with essential study materials to strengthen their educational journey. President Rtn Dr R K Bedi briefly explained the Importance of education and the activities being carried out by Rotary Club Amritsar Midtown for the welfare of society.



Expert Talk on “Self-Diagnosis and Self-Treatment in the Age of Google and AI



Rotary Club Amritsar Midtown organised an Expert Talk on “Self-Diagnosis and Self-Treatment in the Age of Google and AI : Benefits and Harms. Rotary Club Amritsar Midtown organised an enlightening session on the growing trend of self-diagnosis and self-treatment using Google searches and AI tools.

Dr. P. S. Grover , Immediate Past District Governor and renowned Chest Specialist delivered a highly engaging and informative talk, highlighting Benefits – like easy access to information, increased awareness about health, early recognition of symptoms, and improved communication between patients and doctors. He also explained the benefits of

artificial intelligence in medical field. Dr Grover cautioned and discussed the harmful effect such as misinformation, anxiety due to over-googling, misdiagnosis, delayed professional treatment, and misuse of medications based on online content.

He advised the listeners to verify information through credible medical sources, use AI as a supportive tool—not a substitute for doctors—and consulting qualified healthcare professionals for diagnosis and treatment. Dr. Grover emphasized that while digital tools have empowered individuals, they must be used with caution, balance, and good judgement.

In an interactive session, Dr Grover highlighted the significance of biochemistry tests in early diagnoses and disease prevention .The importance of timely screening and informed interpretation was also disused. Dr Grover cleared doubts of the members of the club very effectively. Earlier Dr Grover was warmly welcomed by the President Rtn Dr R K Bedi, Secretary Rtn B K Gupta, PDG Avinash Mohindru, PDG Arun Kapur, DGE Anil Singhal , Zonal Chairman Rtn Vijay Bhasin and other members of club. He was also presented a memento as a mark of respect. Dr KK Bhalla introduced the Guest Speaker, while vote of thanks was presented by DGE Anil Singhal. Rtn Shiv Gupta, Rtn KS Aneja, Rtn Jatinder Singh Pappu, Rtn Varun Kakkar, Rtn Pawan Kapur, Rtn Rakesh Kapur, Rtn Sandeep Bhatia and many more members from other local clubs also attended the meeting.



A Mega Free Ear Care Camp

Rotary Club Amritsar Midtown organised a Mega Free Ear Care Camp at Ganesh Das Chadha Rotary Centre, Khoo Bombay Wala.

Rotary Club Amritsar Midtown successfully conducted a Mega Free Ear Care Camp - its regular permanent project- at Ganesh Das Chadha Rotary Centre, Khoo Bombay Wala, as part of its ongoing commitment to community health and preventive care. The camp witnessed an excellent response from residents of the surrounding areas, who availed themselves of free and high-quality medical services.

Rtn Dr Karan Sharma, Ex Professor and Head ENT Department, Government Medical College, Amritsar and trained paramedical staff carried out comprehensive ear check-ups, including hearing assessments, wax removal, infection screening, evaluation of chronic ear problems, and counselling on ear hygiene and preventive care. Special attention was given to children and elderly patients, who often suffer neglected ear-related issues. In the mega camp, 62 patients were examined & 38 Audiometric tests were performed by a team of Audiologist cum Speech therapist. Additionally 24 patients were also examined for eye related issues by specialist Rtn Dr K K Bhalla in the camp.

Rotarians from Amritsar Midtown and Centre 's staff managed the event with exemplary coordination. Medicines and ear & eye drops free of cost were also arranged for patients requiring immediate treatment.

The camp reflected Rotary's core values of service, compassion, and community welfare, making quality healthcare accessible to those who need



it most. The Club President Rtn Dr R K Bedi, Project Chairman Rtn Sunil Kapur, Secretary Rtn BK Gupta appreciated the dedicated efforts of all volunteers, medical professionals, and community members who contributed to the success of this noble initiative. Rtn Dr Prakash Mohindru, Rtn Baldev Singh, Rtn Rishi Khanna, Rtn Harpreet Singh also participated in the event.



PEM 2025: A Morning of Learning, Leadership, and Lasting Bonds



The Presidents-Elect Meet (PEM) 2025 of Rotary District 3070 was held on December 14, 2025, at Bhavans SL Public School, Amritsar, and emerged as a vibrant confluence of leadership preparation, fellowship, and Rotary spirit. The meet witnessed the enthusiastic participation of 87 Presidents-Elect from clubs across the district, along with the presence of more than 200 Rotarians, making it a

truly district-wide celebration.

Hosted with warmth and exemplary planning by Rotary Club Amritsar Midtown, the PEM commenced on a crisp December morning that soon transformed into a pleasant, sunlit day—adding to the charm of the event. The Reception Committee welcomed every participant with a white pearl maala, symbolising respect, harmony, and traditional hospitality.



The proceedings were conducted with grace and precision by Rtn. Dr. K.K. Bhalla, who performed the role of Master of Ceremonies seamlessly, maintaining an engaging and disciplined flow throughout the program. The overall structure, coordination, and smooth execution of the PEM were efficiently managed



by PEM Chairman Rtn. Rajesh Bhardwaj, whose meticulous planning ensured a meaningful and memorable experience for all attendees.

A defining highlight of the meet was the personal involvement of DGE Rtn. Anil Singhal and Mrs. Sonia Singhal, who individually honoured each President-Elect on stage. Their encouraging

words inspired the PEs to embrace leadership with vision, dedication, and integrity, reinforcing Rotary's core values.

The launch of the District Theme “UDAAN” marked a symbolic and uplifting moment of the PEM. The theme was formally unveiled through the release of five white pigeons into the open sky by RI Officers, including DG Rohit Oberoi, signifying peace, hope, and the collective aspiration of Rotary District 3070 to soar to greater heights.



The Presidents-Elect were further enriched by insightful addresses from RI

Director Nominee Gurjeet Singh Sekhon, PDG Avinash Mohindru, and PDG Arun Kapur, who shared their experiences, leadership perspectives, and guidance for effective club administration. Their words resonated strongly with the PEs as they prepare to take on their new responsibilities.



Adding a unique and personal touch to the felicitation ceremony, each President-Elect's photograph was



displayed on the LED screen during their honour on stage, making every PE feel individually recognised and celebrated.

Hospitality remained a strong hallmark of the event. A delicious Amritsari breakfast was served on the chilly December morning, followed by a sumptuous open-air lunch, allowing participants to enjoy the sunshine while

engaging in informal interactions. These moments fostered new friendships, bonding, and exchange of ideas, strengthening connections among Presidents-Elect from different clubs and zones.

In his concluding remarks, Host Club President Rtn. Dr. R.K. Bedi expressed heartfelt gratitude to all dignitaries, Presidents-Elect, RI Officers, and Rotarians whose presence and cooperation made the PEM 2025 a grand success.

Overall, the PEM was not merely a training program—it was a celebration of leadership, fellowship, and Rotary ideals, leaving every President-Elect inspired, confident, and ready to embark on their Rotary journey with renewed purpose.















New Leadership Team for Rotary Year 2026–27

A closed-door meeting of Rotary Club Amritsar Midtown was held on Friday, December 19, 2025, in a cordial and forward-looking atmosphere. The meeting focused on leadership planning and continuity, reflecting the Club's commitment to strong governance and sustained community service.

During the meeting, the leadership team for the Rotary year 2026–27 was unanimously elected. Rtn. Harpreet Singh was chosen to serve as President, with Rtn. Parveen Mahajan as Honorary Secretary., Rtn. B. K. Gupta Vice President, Rtn. R. K. Bedi Imm. Past President, Rtn. Dr. Pawan Bhatia was selected as President Elect, ensuring a smooth leadership transition. The team also includes Rtn. Amit Arora as Joint Secretary and Rtn. Sandeep Sehgal as Treasurer.

The Board of Directors for the year 2026–27 will comprise Rtn. Sunil Kapur, Rtn. Vinod Sharma, Rtn. J.P. Shoor, Rtn. Ashwani Malhotra, and Rtn. Vishal Khurana.

Senior members present appreciated the transparent and harmonious selection process and expressed confidence that the newly chosen team will uphold Rotary values while further strengthening the Club's service initiatives across Amritsar.

















Monthly Report of Ganesh Das Chadha Rotary Centre for December, 2025 A Project of Rotary Club Amritsar Midtown



General OPD	181
EYE OPD	495
Dental OPD	311
Laboratory	325
ENT OPD	79
Eye Operations	5
Total	1396

A Thoughtful Bon Voyage

As District Governor Elect Rtn. Anil Singhal
departs for Rotary Training in the USA ,
he chose a truly meaningful path.

Instead of a traditional hotel celebration, he preferred to seek divine
blessings at the Golden Temple, Amritsar, accompanied
by a few Rotarians from Amritsar.

Wishing DGE Rtn. Anil Singhal a blessed journey and a successful Rotary
training ahead. May Waheguru guide him always.





RC Amritsar Midtown Felicitates

RI Director Nominee

Rtn. Gurjeet Singh Sekhon

Rotary Club Amritsar Midtown had the honour of felicitating Gurjeet Singh Sekhon, Rotary International Director Nominee (2027–29), at a dignified fellowship meeting held on December 25, 2025, at Bhavans SL Public School. The function was graciously arranged by Avinash Mohindru and commenced at 11:00 AM with high tea, followed by fellowship lunch.

The meeting witnessed the presence of several Past District Governors of Rotary District 3070, along with a large number of Rotarians from Zone Amritsar, reflecting the respect and goodwill enjoyed by the RI Director Nominee across the district.

Welcoming the gathering, PDG Avinash Mohindru extended a warm welcome to all dignitaries and members, setting the tone for a cordial and meaningful interaction. The proceedings of the meeting were efficiently conducted by President-Elect Rtn. Harpreet Singh, who performed the role of Master of Ceremonies with confidence and clarity.

The meeting was formally declared open by Host Club President Rtn. Dr. R.K. Bedi, followed by the National Anthem beautifully rendered by the Bhavans Music Team and the Four-Way Test led by Sgt-at-Arms Rtn. Rishi Khanna, in true Rotary tradition.

Addressing the gathering, RI Director Nominee Rtn. Gurjeet Singh Sekhon shared his inspiring Rotary journey—from serving as a Club President, to District Governor, and now being nominated as a Rotary International Director. He spoke about the learning experiences and collective support that shaped his leadership path and expressed heartfelt gratitude to his Rotary colleagues who stood by him throughout the journey. He made special mention of his wife, Mrs. Aman Sekhon, acknowledging her unwavering and unconditional support over the years.

A special moment of the function was the Bon Voyage extended to Anil Singhal, who is heading to the USA for Rotary trainings. Members conveyed their best wishes for a fruitful learning experience as he prepares for the upcoming Rotary year.

Another key highlight of the meeting was the release of the Digital Directory of Presidents-Elect for Rotary Year 2026–27, jointly unveiled by RI Director Nominee Rtn. Gurjeet Singh Sekhon, DGE Rtn. Anil Singhal, and PDG Avinash Mohindru. The directory was edited and compiled by Host Club President-

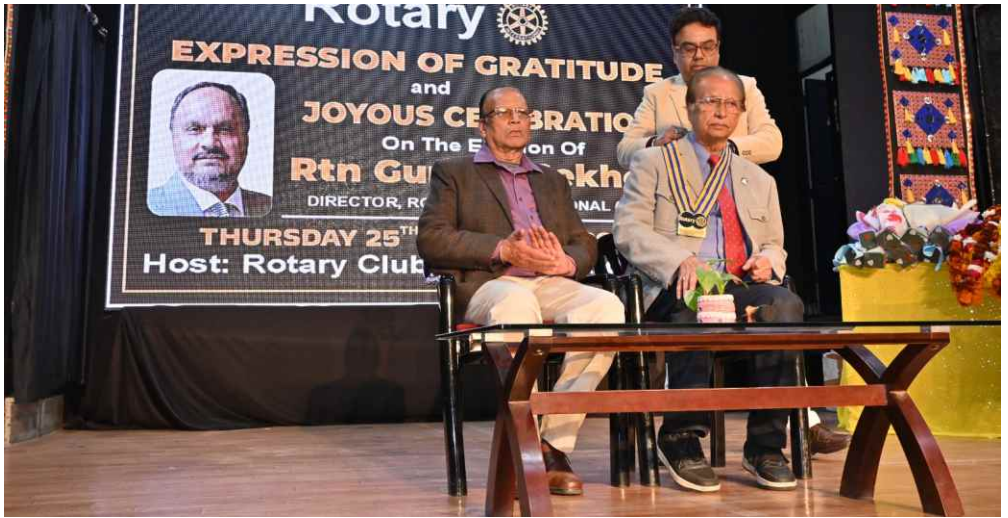
Elect Rtn. Harpreet Singh and was widely appreciated as a valuable reference resource for Presidents-Elect across the district.

Hospitality at the event reflected the rich cultural ethos of Punjab. Both high tea and lunch were organised on a Punjabi heritage theme, delighting the participants with traditional flavours. Fresh sugarcane juice and chilled lassi were special attractions, adding an authentic local touch and enhancing the warmth of fellowship among the Rotarians.

The meeting concluded with cheerful interactions and fellowship over lunch, strengthening bonds and camaraderie. The event stood as a fitting celebration of leadership, gratitude, culture, and Rotary fellowship, leaving lasting impressions on all present.











ANNOUNCEMENTS



New Year & Lohri Celebration

Date : 11 January, 2026

Time : | 12:30 PM

Join us for a joyful afternoon celebration with live music and singers.

Venue will be declared soon, followed by lunch. Members are requested to join with their spouses and guests for an evening of fellowship and festive cheer.

Date : 23 January, 2025 Friday

Time : 7 PM

Venue : Bhavans SL Public School, Amritsar.

Topic : Rotary Beyond Borders

DGE Anil Singhal's USA Training Journey,

Service : Soup and Snacks

Republic Day Celebration

Day & Date : Monday 26th January, 2026

Time : 10:30 am Sharp

Venue : Bhavans SI Public School, Asr.

Chief Guest : Kunwar Vijay Partap Singh
MLA

Guest of Honour : Rtn. Gurjeet Singh Sekhon
RI Director Nominee

Service : Breakfast

Day : Monday

Date : 26th January, 2026

Time : 11:30 am Sharp

Venue : Institutes for Blinds

Chief Guest : Maj. Gen. Jasbir
Kaur Grewal (Retd.)

Service : Preeti Bhooj



- 06** Rtn. Amit Kohli
- 07** Rtn. Ved Mitter Mahajan
- 11** Rtn. Harpreet Singh
- 12** Rtn. Rajesh Kumar
- 26** Rtn. Sunil Kapur
- 26** Rtn. Inderjit Arora
- 27** Rtn. Dr. Amanpal Kaur



- 18** Rtn. Charanjit Singh Puji
& Mrs. Manjit Kaur Puji
- 19** Rtn. Jugal Kishore Sabharwal
& Mrs. Manju
- 27** Rtn. Dr. R. K. Bedi
& Mrs. Dr. Bindu Bedi

With Best Compliments From

INTERNATIONAL ELECTRONICS AGENCY

***Distributors of major
electronics brands for all
kinds of Consumer Durables.***

**DAIKIN, HAIER, PANASONIC, BLUESTAR,
LG, GODREJ, OKAYA, KELVINATOR**

BPL37-A, Opp. Om Prakash Eye hospital,
Mall Road, Amritsar. M: 9814756444
36/1, Near Masjid, Hall Bazar,
Amritsar.M: 9855139927

With Best Compliments From :

Raghav Chopra

98888-68880

Jagdev - 7837836831

R. A. ENTERPRISES

Opp. BRTS Pillar No. 59
Batala Road, Amritsar-143 001

Distributors

SONY

LED & MUSIC SYSTEM

With Best Compliments From

B. K. Chopra : 6280298565
Pankaj : 9646959445
Jagdev : 7837836831

DISTRIBUTORS :

LG ELECTRONICS INDIA PVT. LTD.

**Refrigerators, Washing Machines,
LED, Microwaves, Air Conditioners
& Water Purifiers**

**H. C. CHOPRA
& SONS**

12, HALL BAZAR, AMRITSAR-143 006

With Best Compliments From :

KEWAL

CARGO CARRIERS (P) LIMITED



**BAZAR BAKARWANA, SHAHEED
BHAGAT SINGH ROAD, AMRITSAR
PH. : 2553645, 2547762**

With Best Compliments From



GUPTA HOSPITAL

MULTI-SPECIALITY CENTER

12-F, Race Course Road, Amritsar, Punjab 143001

Phone: 084370 54497 | 0183 2229497

E-mail : guptahospitalasr.com



31 years of Academic Excellence



SHAHEED BHAGAT SINGH GROUP OF INSTITUTIONS, PATTI SATYAM INSTITUTES, AMRITSAR, PUNJAB

ENGINEERING | POLYTECHNIC | PHARMACY | MANAGEMENT | EDUCATION

B.TECH | BBA | BCA | B.Sc (IT) | B.Com | M.Sc (CS)

Study in Canada

Under International Educational Partnership Program

B.ED | D.EL.ED | PGDCA | M.Tech (ECE)

B.Voc in Network & Web Technology



University of the Fraser Valley

and



Sprott Shaw College

Approved by AICTE New Delhi, PCI & Punjab Govt.
Affiliated to IKG PTU Kapurthala, PSBTE & IT Chandigarh



8437075072/9814403360



www.ssiptatti.org, www.sayaminstitute.ac.in



sbsmanagement2010@yahoo.com





SHANKER MALIRAM KEDIA'S



MALIRAM[®]
JEWELLERS

Be Original

ESTD. 1956

1 GOLD BRAND PRICE



Eminent Mall, Amritsar
Hamilton Mall, Jalandhar
Central Mall, Amritsar

For any enquiry: 98550-50899